



Horses with HEART

Good for the HEART Newsletter

Spring, 2013



♥ FROM THE EXECUTIVE DIRECTOR ♥

2013, our 20th Anniversary of serving special needs riders in Yavapai County! That's a pretty amazing statement and a service that all HwH staff and volunteers can be proud of. As we've begun to make plans for this year, some of us have had the opportunity to reflect and share stories and memories we have tucked away in our memory banks. For me it's been a fun to reminisce.... my first time to HwH and having a hard time finding Cherry Circle; side-walking with my first rider, Aaron, as he sang cowboy songs; walking through the weeds at the Whistle Stop with Trudy as her dream for HwH began to unfold; the special riders, horses and volunteers that have become my friends and family over the years.... I could fill this newsletter with my stories, how about you? Do you have special memories of a certain horse or rider? Maybe it's an event or time spent with another volunteer. Would you share it with us? If so, send them to me at admin@horseswithheart.org and we'll make sure they get a spot in a future newsletter or eblast. This year is going to be special and we want all of you to be part of it.

But 2013 isn't only about the past. We have fun and exciting things going on right now! Our horses are in their permanent pens **with covers**. Our riders are back, and the first riding sessions for the year have begun. Our first phase of landscaping has begun with 100 trees already planted and water lines and drip system in process. Thank you to all the volunteers who have been out to help with this HUGE undertaking. Our center is shaping up and beginning to resemble the master plan that our Board of Directors put together.

We still have a lot to do but we have such a bright future ahead. 2013 is going to be a year full of progress, making new friends, trying new things, creating new memories and CELEBRATING. Please join us in making it a special year to remember.

Take care and God bless you all,
Pam Berry, Executive Director

♥ FROM THE BOARD PRESIDENT ♥

What does spring mean to you? For me I start planning my garden. Dreaming over seed catalogs, making landscaping plans, salivating over what I expect to be eating come summer, counting my pennies to see how many worms or bees I can buy, what seeds and plants I can afford and what I am going to learn how to can this year. Last year's adventure was Prickly Pear jam and I'm not sure I was too impressed with it, but Pam liked it and that is what is important.

What else comes to mind when I think of spring in Arizona? SNOW! I love rain and snow, anyone that has been around me for even a little while knows this. And snow or rain means at least one weekend of Special Olympic practice will be cancelled in March. Guess what? Our first weekend has already been cancelled, so I guess it is safe to say that HwH has started our 20th season of horseback riding with special needs individuals.

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By the time you get to read this we will have a few practices under our belts, and from the sounds of the weather reports, practices might be cold and windy or hot. That's spring weather in Arizona!

Spring at HwH is a wonderful time of year, because the horses all come back to the ranch. The volunteers return for training. The riders are excited to get back outdoors to ride their favorite horse or make friends with a new one, and every instructor cancels a class or two because of the weather. This year is our 20th Anniversary, and I hope everyone is ready to help us celebrate, teach, learn and love. We hope to have over 20,000 volunteer hours for our 20th year. We were very close last year so I know, with everyone's help and dedication, we can make it this year.

If you haven't seen therapeutic riding or Special Olympics in action, come on out and watch our riders. Sessions started March 20th and run Tuesday through Friday with Special Olympic practice all day most Saturdays and some Sundays. If you are not sure you want to help hands-on in the arena, come see what you are missing. Sure the work can be hot or cold, tiring and can wear you out, but the smiles hugs and love are more than enough payment for your volunteer hours. We hope to see you around the ranch and who knows, come summer, there could be fresh veggies, from any number of volunteers, waiting for you in the office.

God Bless,
Karen Richert, Board President

♥ SPECIAL OLYMPIC NEWS ♥

We are back in the saddle! Although it was good to have some time away, I am so excited to be back in the arena with our horses, riders and team support volunteers. The team got together on March 2nd for a refresher course on safety and responsibility, as well as some grooming and ground work with their horses. We then got snowed out the following weekend. Gotta love March in AZ! But on March 16th, the weather was picture perfect and we took advantage of it. Saturday, March 23rd was back to cold and windy, but we persevered. I am truly amazed and very proud of how quickly our riders get back into the routine. And our team is growing... This year we added two new riders: Baylee Owen and Elliot Prichard. Welcome Guys! We're happy to have you with us.

We are off to a great start, preparing for the Summer Games Show that we have been asked to host. That's right, for the first time ever the SOAZ State Games Horse Show will be held in Chino Valley. We'll be providing more information as we get closer, but mark your calendars now, and plan to join us on June 9th to cheer us and watch us shine.

Pam Berry, Head Coach

OUR NEWEST SPECIAL OLYMPIC RIDERS



Baylee Owen



Elliot Prichard

♥ FROM THE RIDING DIRECTOR ♥

Memories are awesome. This past week I was taking a break, sitting and just soaking up the sun and pleasure of our new center in Chino Valley. Thinking back over the past twenty years, reflecting on the number of times we have moved, the search for land and building of our dream center. It was not easy task but today we now have that perfect location. It is the “The GATEWAY TO CHINO VALLEY.”

Over those 20 years, HwH has always been blessed with dedicated volunteers, wonderful horses, and a board with a vision to never give up and instructors with the passion to teach. If you have volunteered at HwH over the past 20 years, you have helped build that strong foundation. You have helped to move us forward and see this organization become a professional service that’s provides wonderful programs for people with disabilities in Yavapai County. As a volunteer at HwH, your time, support, and dedication **have made a difference.** I am sure if you think back you can reflect and remember a special rider that pulled on the strings of your heart – a special rider who smiled for the first time, hugged their horse and gave you a high-five. Only you know those stories and will remember their smile that filled your heart with joy. Yes, so many wonderful riders and memories. Today I can run into a student of mine and they still call me “Miss Trudy” and ask about a certain horse. You can still see and hear the excitement in their voice and joy in their eyes. You know the pleasure they received as students riding in our arena at HwH. Many of my riders are now adults, working and productive members of our community. We gave them the opportunity to build their confidence to succeed. Yes, it brings tears to my eyes and personal joy to know my time volunteering at HwH made a difference in their lives.

Memories are your personal blessings and that will always be your treasure as a volunteer at HwH. As Pam mentioned, hearing from any of our friends—past or recent— sponsors, volunteers, riders and family members would be exciting for all of us at HwH. Please make sure you have updated your mailing and e-mail address for 2013. With our 20th Anniversary Celebration this year, you will not want to miss any notification of exciting events coming up.

Classes have already started and all the instructors are so glad to see our new volunteers and our returning volunteers who help mentor the new volunteers. Every volunteer helps to make our classes fun and safe for our riders. You are the **HEART** of our program. Our instructors are always thinking and working together to provide new and fun programs for our riders. We want to challenge our riders and encourage them to move forward to become independent riders at their own ability. This year, we will be adding Drill Team for riders wanting to participate in another type of competition. As this program moves forward you will hear more and how volunteers can help.

If you have not been at our new center lately please come out to visit, see our progress and share in our enthusiasm for the coming year. We have so much to be thankful; our prayers are being answered daily.



IN MEMORIUM: On a sad note, on March 4, 2013 we had to say goodbye to Midnight, our wonderful black pony. Midnight was donated by the Pierce family in 1995 and was retired in 2011. He gave so much as a Therapeutic lesson and Special Olympics riding pony—always dependable and safe for the smallest of our riders. Pam, Karen, Charles and I were with Midnight until his last breath. He is now running in heaven’s green pastures with some of our other HwH horse FRIENDS – Zeph, Best and Buck. They will never be forgotten. If you have special story or photo of Midnight, please mail it to our office as we will be putting together his memory book.

Blessings and Happy Trails,
Trudy Chapman-Radley, Riding Director

♥ FROM THE VOLUNTEER COORDINATOR ♥

Greetings to all Volunteers and Donors,

Welcome to our Horses with Heart world. This year promises to be another wonderful time for all of us who are involved in this program, especially because we will be celebrating our 20th year anniversary. Hooray!! You all deserve a very special "Thank You". You have made it possible for this great organization to continue giving enjoyment and safety to our special needs community.

I would like to extend my appreciation to Debbie Holmes, one of our HWH instructors, who made it possible to host a CHA (Certified Horsemanship Association) clinic at our HWH center, March 11-15 2013. Thank you Cindy Roche and Dallas McClemons for the wonderful instruction which certified all the participants to become CHA Instructors. (See page 7 for more details.) It was truly a wonderful experience for me. We hope to have more clinics such as this one in the near future. Please join us!!!

Ethel Peterson, Volunteer Coordinator

♥ VOLUNTEER TESTIMONIAL ♥ MY EXPERIENCE - VOLUNTEERING AT HWH

This past season, I re-energized my volunteering with one of Horses with H.E.A.R.T.'s Therapeutic Riding programs: Heroes & Horses. The role of the volunteer in this program was a perfect fit for me as I love working with—and helping—people, and I enjoy being around horses!

After some training, I became a member of a Safety Support Team (SST) as a Side Walker and was assigned to one of our Veteran clients in the Heroes & Horses program. Each week, the SST would meet to prepare for the Veteran rider's arrival, grooming and tacking the horse, as well as reviewing the rider's specific needs and goals to ensure the best possible experience.

The very first time I was in the ring, I was overjoyed to see the Veteran rider working with the horse, gaining confidence and strengthening her posture with each turn around the ring. I found it difficult to contain my enthusiasm and, although I was trained to be a "silent partner" in the experience, I heard myself offering support and praise several times that day. With each passing week, I witnessed the rider grow stronger and improve her control of the horse. By the last session, our Veteran had progressed so much; she was thriving. I only wish we had been able to continue working through the winter months.

Horses with H.E.A.R.T. has a wide range of volunteer opportunities. There are fundraising and marketing roles that support the organization's mission to provide excellent programs and services within our community. There are hands-on roles that allow you to work directly with the horses and riders. If you're looking for a rewarding volunteer experience, come out and volunteer with Horses with H.E.A.R.T. just as I did. You won't be disappointed.

Kim Finston, Volunteer & Board Member

♥ THANK YOU TO OUR DECEMBER & FIRST QUARTER DONORS ♥

Martha Aggas ♥ Gene Allen, DDS ♥ Mark Anderson, DVM ♥ Arizona Hunter Jumper Association ♥ Karen Axiotis ♥ Mary Ann Baridon ♥ Paul J. Barrow ♥ Pam Berry ♥ Marlene Benner ♥ Jim & Dottie Blackman ♥ Craig & Sandra Brown ♥ William & Joella Cheek ♥ Helen Collins ♥ Lisa Cuthbertson ♥ Debra Darnell ♥ Debbie Dawson ♥ Norman & Barbara Delucci ♥ Lila Farr ♥ Kim & Richard Finston ♥ Foothill National Bank ♥ Joan Fox ♥ Edward Gebelein ♥ Shelley Godfrey ♥ Francis & Malenna Gonsalves ♥ Jan & Don Grise ♥ Debra Gunter ♥ Debbie & Barry Holmes ♥ Joy Hongisto ♥ Sherry Hoover ♥ Hanes & Katrina Isaacs ♥ Kay Krizek ♥ Charles & Ronne Spiewak Kenyon Benner ♥ Michelle & Michael Long ♥ Daniel & Angela Mazzola ♥ Mazy-Fulmer Family ♥ Doyle & Lavonne Moody ♥ Christina & Brian McMaster ♥ Darrell & Leslie Niemann ♥ Office Max ♥ Conrad & Kathleen Ouelette ♥ Maureen Owen ♥ Donn & Kyra Pease ♥ Ethel & Ray Peterson ♥ Pimentel Family Trust ♥ James & Lydia Powell ♥ Prescott Animal Hospital ♥ Prescott Noon Lions ♥ Trudy & Jim Radley ♥ Brent & Elaine Rahlf ♥ Karen & John Richert ♥ Barbara J. Roles ♥ Rita Romano ♥ Cheryl Romano ♥ Stephen & Bonnie Rudy ♥ Danny & Nancy Rushing ♥ Leslie Sanderson ♥ Kristina Schaan ♥ Marjory Sente ♥ Mary & John Smith ♥ Calvin & Toni Sparks ♥ Esly Van De Weerd ♥ Larry Walz ♥ Walmart ♥ Lee & Bethann Wurz ♥ Bruce & Carol Zimmer ♥ Kristi Wolford ♥

We appreciate all the donations we receive of goods, services and finances. We could not run Horses with HEART without your continued support!

Musing from the Barn~



Hello Cowboys and Girls....Let me take a moment to introduce myself. My name is Dex and if I do say so myself.... I'm the most handsome boy in the barn!! I know this cause my foster mom told me so, a thousand times!

Well, my friends and I are all back at the barn and just lovin' the new digs!

Not that we didn't enjoy vacationing in the south of France, or Northern Arizona.... Our winter hiatus was very relaxing. Just loafing around, eating, sleeping and watching all of those amazing folks cleaning up after us!! Oh, what a life!!

Now that we are back home, our man Charles has been looking after us! He is soooo good to us. Our yummy hay is always on time and he makes sure that the smelly stuff is cleaned up at the appointed time. Then to top it off, he lets us run and play with all our buddies!!

Oh, one thing I do have to report....Roanie has been acting like a bully and has yet to yield to my superior intellect, charisma, and agility. I have been pinning my ears and giving him the stink eye in order to help him understand reality, but he has not gotten the message. I overheard one of you folks say that we will figure it out. Well, I hope that they were right, and Roanie figures out soon that he and I can live together peacefully as long as he does what I want!!

I have been observing the girls....they have been very naughty. They squeal and fuss ALL the time....what is up with that? I even saw one of them buck!! What a silly girl. I would NEVER think about behaving like that. I may play catch me if you can when I see the saddle coming, but hey....guy has gotta have a little fun, right?

Oh, I have to give a nicker out to Lady Shirley....she has been making sure that we are looking our best....I do feel kind of bad she has been fussing with me when I'm already perfect....but I love the attention!

The word around the barn is that we have a clinic coming up and that all of us will be working very hard. I guess that is ok as long as the treats are flowing freely!

Well, my man Charles is heading my way....and that is always a sweet thing....TTFN!!!

Written in early March by Debbie Holmes, PATH Certified Instructor & Equine Specialist

♥ HwH'S 10TH ANNUAL BOWL-A-THON ♥

On February 9, 2013, Horses with Heart held its 10th Annual Bowl-A-Thon at the Antelope Lanes in Prescott Valley. The event was well attended (even with a snow storm going on), and all of the bowlers, families and cheer leaders made it safely to the lanes. We had approximately 90 bowlers with lots of strikes and good scores.

Jim Blackman emceed the festivities, and as usual, did an outstanding job interviewing teams and announcing high scores and achievements. Jim even had the winning raffle ticket for the Native American artwork that he had been admiring. Lots of great raffle items were on display and spirits were high in anticipation of winning each person's targeted item. Pam Berry took over the mike and announced winners to screams and groans.

Hope-A-Long, our HwH mascot, put in an appearance and, of course, was a big hit with the little ones (and big kids too). The event went off smoothly due to the hard work of the Bowl-A-Thon (BAT) committee. Lots of work went into gathering the raffle items, getting sponsors, contacting bowlers, decorating the lanes and registering bowlers as they came in.

Many of our riders took the opportunity to ask friends and family members to make pledges for them to help with their riding lessons' costs. In fact, we had a record year – lots of pledges and a great response to the raffle. Karen Richert brought in the most pledges for the Adult Category and Berlyn Mazy won the honor for bringing in the most pledges for the Youth Winner.

Many people and businesses donated items to make our Bowl-A-Thon a success. Among those were Carolyn Larsen, Debbie and Barry Holmes, Prescott Golf and Country Club, Heritage Park Zoological Sanctuary, Debbie Darnell, Grand Canyon Railway, Bearizona, Liz Bailey, Jerry and Rita Schwartz, Pimentel Family, Terry Stoddard, Prescott Equine Center, Joyce Nelson, Springhill Suites, Antelope Lanes, Diane McCarty, Pepsi, Trudy Chapman-Radley, Erik Baile —Farmers Insurance, Kiwanis, Antelope Hills, and Walmart. Kohl's Department Store made a donation and sent two of their associates to help the day of the event. It really does take a village!

Antelope Lanes hosted our event again this year and as always made our event a success by providing us with a great bowling facility, good food and lots of help as needed.

Plan to enjoy the day with us next year on February 15, 2014.

Roxanne Huhn, Bowl-A-Thon Chairman

A FUN DAY AT THE HWH BOWL-A-THON



♥ SUCCESSFUL CHA CLINIC AT HWH ♥

Now that HwH has its very own riding center, it hosted its first CHA instructor certification clinic March 11-15th, organized by Debbie Holmes. CHA (Certified Horsemanship Association) is the most active equestrian certification body in the U.S. and Canada. It is dedicated to helping improve the safety and quality of group riding programs.

Seven candidates were evaluated and certified on their knowledge of teaching and horsemanship skills. Those certified from HwH included: Debbie Holmes, Jan Grise, Mary Smith and Nina Fry. Tammy Smith from Queen Creek, Ashley Emig from Chino Valley and Meagan Walters from Illinois were among the others certified. Several HwH volunteers & staff took part as auditors.

HwH outdid itself in hosting this clinic. Malenna Gonsalves, Laura Smart, June Britton, Mary Ann Baridon, Maureen Owen were the meal hosts. The Checkered Apron (formerly the Lunch Box) hosted breakfast several days plus lunch one day. Several volunteers baked our yummy desserts: Dottie Blackman, Lois Holtz, Roxanne Huhn, Mary Ann Baridon, Rita Schwartz and Janet Steinmetz. Eva Damiano, Merle Larson, Sherry Hoover and Michaela Stock had horses ready to go when needed. A special thanks goes to Cindy Roche and Dallas McClemons, CHA Clinic Evaluators. To everyone who made this clinic a success—a great, big THANK YOU!



CHA CLINIC

From Left to Right (Back Row): **Helen Collins, Dallas McClemons, Cindy Roche, Debbie Holmes, Mary Smith, Nina Fry, Ashley Emig, Ethel Peterson**

From Left to Right (Middle Row): **Amy Elmore, Trudy Chapman-Radley, Pam Berry**

From Left to Right (Front Row): **Meagan Walters, Jan Grise, Tammy Smith**

♥ MAKE YOUR MARK IN HORSES WITH HEART'S 20TH ANNIVERSARY ♥

As we begin this year of exciting opportunities, we are asking your help in making the HwH 20th Anniversary Commemorative Cookbook a treasured and personal piece of our celebration. That's right, we want your recipes. How about it, will you share the secrets of your favorite potluck dish, a family recipe handed down for generations, or the kids' (or dogs') favorite treat? It's so easy to do.... Email us at hwhcooks@gmail.com, and we'll do the rest.

How about showing your support? Would you, your business or your employer like to extend their support, good wishes and congratulations for 20 years of service with an ad in this family friendly piece of HwH history? Contact us today at aalen.hwh@gmail.com for information on advertising opportunities.

Scheduled for delivery late this summer, Horses with Heart is pleased to offer the 20th Anniversary Edition of HwH Heritage Recipes. 200+ family favorites as well as 4-legged family tested treats from our riders, their families, our volunteers and staff. Contact us today to reserve your copy of HwH history, the 20th Anniversary Edition of Horses with Heart Heritage Recipes. admin@horseswithheart.org.

Help spread the word, Horses with Heart's 20 years of dedicated service to people with disabilities. Make this your gift of choice for 2013.

♥ PATHWAY TO HOPE ♥

We are placing our first order of 100 bricks! Our gazebo and shade trees (over 100 planted so far) will surround an amazing brick walkway personalized to honor your family, friends, horses and events in a permanent installation; a legacy for generations to enjoy and admire. As we take time to reflect on the past 20 years, our gratitude to all of you for your generous donations of time, funds and prayer is boundless. With your help we have been blessed with the privilege of creating miracles that have changed many lives, including our own.

Horses with H.E.A.R.T., with your continued assistance and support, will be expanding to meet the ever growing needs of the community.

We look forward to sharing our permanent home and successes both small and large of all our riders, volunteers, friends and towns throughout the upcoming years.

May we continue to work together to change disabilities into possibilities through our work and building the **Pathway to Hope.**

Please partner with us through purchasing your memorial brick(s). Instructions, order form and payment options are on our website www.horseswithheart.org.

Brick Choices:

4" x 8" Brick ~ Minimum Donation \$75 each ~ 1 to 3 lines of inscription plus art image if desired

8" x 8" Brick ~ Minimum Donation \$150 each ~ 1 to 6 lines of inscription plus art image if desired

8" x 8" Logo Brick ~ Minimum Donation \$425 each ~ 1 line of inscription, plus corporate logo

Memento and Gift Bricks:

Miniature Replica of 4x8 Brick for an additional \$25

Miniature Replica of 8x8 Brick for an additional \$35

Example:



**In Memory
Of
Ken & Ginny**

GIVE A SPECIAL GIFT!



Secure donations can be made online at www.horseswithheart.org
or please mail this form with your check to:



Horses with H.E.A.R.T.
P.O. Box 2427
Chino Valley, AZ 86323-2427

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____ Email: _____

(To receive online newsletters, addresses are not shared / distributed.)

Please check the areas where you would like to give:

Capital Campaign

General Fund

Scholarship Fund

Rider Sponsorship Name of Rider: _____

Horse Sponsorship ~ In "Stall"ment Program (\$500-Bronze) (\$1,000-Silver) (\$1,500-Gold) *(Circle the one that applies.)*

In Memory/Honor of _____



HORSES WITH H.E.A.R.T. CALENDAR SPRING, 2013



APRIL

- 13 Camp Soaring Eagle (Jackpot Ranch, Verde Valley)
20 Camp Soaring Eagle (Jackpot Ranch, Verde Valley)
26 End of Therapeutic Riding Session 1

MAY

- 18 Camp Soaring Eagle (Jackpot Ranch, Verde Valley)
20 Beginning of Therapeutic Riding Session 2

JUNE

- 1 Camp Opportunity (*sponsored by the Heights Church*) (HwH Center) ~ 8:30 am-12:30 pm
9 Special Olympics Horse Show (HwH Center)

JULY

- 1 Happy Hearts Rodeo (Frontier Days, Rodeo Grounds) ~ 5:00 pm
9-11 Happy Trails Horse Experience & Youth Step (HwH Center) ~ 9:00 am-12:00 pm
16-18 Happy Trails Horse Experience & Youth Step (HwH Center) ~ 9:00 am-12:00 pm
23-15 Happy Trails Horse Experience (HwH Center) ~ 9:00 am-12:00 pm

THERAPEUTIC RIDING SESSIONS FOR 2013:

Session 1: March 18-April 26 Session 2: May 20-June 28 Session 3: Aug. 12– Sept. 20 Session 4: Oct. 7– Nov. 15

SPECIAL OLYMPICS SCHEDULE FOR 2013:

Spring Session: March 2-June 9

CAMP SOARING EAGLE FOR 2013: April 13, April 20, May 18, Sept. 7, Sept. 14, Sept. 28, Oct. 12, Nov. 2

HAPPY TRAILS FOR 2013: July 9-11 July 16-18 July 23-25

MISCELLANEOUS:

Heroes & Horses Program - on Monday mornings (VA Hospital) & Monday afternoons (West Yavapai Guidance)

Silver Saddle – on Tuesday mornings when Therapeutic Riding Sessions are in session

Volunteer Luncheons – (no-host, all invited to attend) usually 3rd Tues. Alternate Months, 11:30 a.m., Location TBA

BOARDS/COMMITTEES:

Board Meeting – 3rd Mon. of ea. month, 6:30 p.m.

Volunteer Comm. – 2nd Tues. of ea. month, 1:00 p.m.

Program Comm. – 1st Tues. of ea. month, 4:00 p.m.

Finance Comm. – as needed

Team Community Connect – TBD

Capital Campaign Committee – as needed

Strategic Fundraising Task Force – as needed

Board Development Comm. – as needed

Please check www.horseswithheart.org for updates to the calendar.

Also, please call the Horses with H.E.A.R.T. Office at 928-533-9178 with any questions. Thank you!

Calendar Revised 4-1-13

Horses with H.E.A.R.T.
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Horses with Heart

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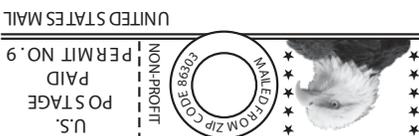
♥ WE NEED EMAIL ADDRESSES FOR HWH NEWSLETTER ♥

You can help us by supplying us with your email address. We still need many, more email addresses; the newsletter will go paperless this year. We will always post our newsletter on our website, www.horseswithheart.org as well.

If your email address or a friend/family member's email address is not on file with HwH, please send it to hwhaddress@gmail.com. Email addresses are kept confidential and are not distributed to any other entity or person.

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